



**THE RITZ - CARLTON**

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*An oasis of natural  
healing and rejuvenation*

# REJUVENATE

Harnessing the power of the sea, we create a heavenly sanctuary of renewal and relaxation. Based on time and honored traditional Balinese therapies and rituals, the signature treatments utilize two of the Indian Ocean's most natural products: seaweed & pearl. In addition to the treatment, guest can enjoy a Balinese bathing pool

# MASSAGE

## SEA OF SERENITY

60 OR 90 MINUTES

Bring your body back into alignment with its natural rhythm as it benefits from this soft, relaxing wave-like massage with long, sweeping movements using palm pressure that soothes the body and mind. Our expert massage therapists use nutrient-rich oil benefiting from regenerating seaweed extract and refreshing mint, giving you an uplifting and rejuvenating experience.

## VOLCANOS HOT STONES THERAPY

90 MINUTES

This unique advanced stone therapy utilizes rejuvenating black volcanic stone ergonomically crafted to promote deep sense of relaxation. Combined with a choice essential oils to harmonize and balance your entire energy flow, your body is de-stressed, blood and lymphatic circulation are stimulated and cell metabolism is increased.

## BALINESE OCEAN DREAM

60 OR 90 MINUTES

Enjoy a taste of Bali with a traditional massage using ancient Balinese methods. This treatment eases muscle tension, calms neural pathways, encourages circulation and reduces stress making use of a combination of palm, thumb and elbow pressure and stretching. Specially blended aromatic essential oils reinstate peace of mind with their unique calming and soothing qualities.

## TROPICAL MARINE PLEASURE

120 MINUTES

Deeply nourish and hydrate tired skin with a refreshing Seaweed Body Scrub to gently exfoliate the skin, then relax with a detoxifying and nutrient-rich mineralizing Seaweed Body Wrap that replenishes your skin. Complete your treatment with a flowing Sea of Serenity massage using Inspiring oil that will restore a healthy glow and leaves you calm and tranquil.

## SHINE RENEWAL

60 OR 90 MINUTES

Benefit from the gorgeous luster of pearls with this uniquely designed treatment featuring a soothing massage with a combination of palm and thumb pressure that uses a sensual blend of pearl extract to bestow an iridescent shine and reveal radiant skin. Sattlower oil is used for its hydrating and nourishing anti-oxidant properties, giving you the ultimate de-stressing massage.

# BODY

## SHIMERING PEARL POLISH

45 MINUTES

Highlight the iridescent glow of your skin with a treatment enriched with micronized pearl powder infused with vitamin C derived from lemon and citrus extracts that will gently polish your skin leaving it silky smooth with a beautiful glow. Meanwhile, you revel in a delightful aroma that entices your senses.

## OCEAN HARVEST BODY THERAPY

60 MINUTES

Nourish and hydrate your skin while invigorating your senses with a rich mixture of tantalizing scents from naturally nurturing and moisturizing sea minerals and mint. This emulsion exfoliates while the nutrients penetrate deep into the skin to keep it healthy and youthful.

## MINERALIZING SEAWEED SCRUB

45 MINUTES

Bring your body back into alignment with its natural rhythm as it benefits from this soft, relaxing wave-like massage with long, sweeping movements using palm pressure that soothes the body and mind. Our expert massage therapists use nutrient-rich oil benefiting from regenerating seaweed extract and refreshing mint, giving you an uplifting and rejuvenating experience.

## MARINE ALGAE TRIO

90 MINUTES

This treatment is for spa enthusiasts looking for wellbeing and vitality, while also losing excess weight and getting rid of hardened cellulite. A relaxing massage relieves tension, exfoliation smoothes the skin and a Thalgo seaweed body wrap infuses the skin with minerals, vitamins and micronutrients to activate circulation, increase metabolism, relieve aches and pains and improve skin conditions. This treatment restores the necessary balance for overall wellbeing.

## INDOCEANE

45 MINUTES

This wonderful ritual takes you on a voyage of discovery to a new kind of relaxation commencing with a Mediterranean-influenced body exfoliation using sea salt, cassonade sugar and essential oils. The bi-phase texture of this scrub eliminates rough patches, smoothes the skin and leaves it beautifully soft. An Ayurvedic-inspired massage follows with warm oils and gentle ancient Indian techniques for deep relaxation. Wellbeing and beauty become one.

# FACIAL

## COLD MARINE 60 MINUTES

The cold marine mask boosts blood circulation and keeps the skin oxygenated, refreshed and brightened. Our special ingredient, derived from microorganisms living at a depth of over 3,000 meters, significantly raises the skin's tolerance, making it less sensitive to harsh external elements. Skin fragility disappears, making way for intense, soothing freshness.

## REBALANCING 60 MINUTES

With its deep cleansing absorbent mask, this treatment soothes redness, absorbs excess sebum and perfectly dislodges impurities for skin that looks fresh and radiant.

## YOUTHFUL EYES 90 MINUTES

This anti-stress and anti-wrinkle treatment gives mature skin a youthful boost and the appearance of reduced wrinkles.

# ENHANCEMENTS

## BACK & NECK RELIEVER

30 MINUTES

This massage uses medium pressure and concentrates on the shoulder, back and neck area to relieve tension and promote relaxation.

## HAND & FOOT FLOW

30 MINUTES

This luxury treatment for hands and feet uses relaxing acupressure point massage to soothe, refresh and pamper your hands and feet.

## BASIC PURITY

45 MINUTES

This express facial incorporates nourishing marine ingredients and is suitable for all skin types.

# GUIDELINES

To enjoy your spa experience to the fullest potential, please familiarize yourself with the Spa Guidelines

## **ARRIVAL TIME**

You are encouraged to arrive at least fifteen minutes prior to your appointment for consultation at the spa, or forty minutes early.

## **FACILITIES**

All treatments and spa packages are available to The Ritz-Carlton, Bali guests. Non-residents are welcome to book a spa treatment at least 2 hours prior to the appointment. Treatments must be confirmed and secured with a credit card.

## **SPA ETIQUETTE**

Our spa environment is one of relaxation and tranquility. Please respect the right of all our spa guests to privacy and serenity. We appreciate you turning off your mobile phone while in the spa.

## **GIFT VOUCHERS**

Gift vouchers are available and our Day Spa programs and products are an ideal gift for someone special. Gift vouchers are non-refundable and must be presented at the time of treatment.

## **HEALTH CONDITIONS**

Kindly advise us of any health conditions with maximum body temperature not more than 37.3 Celsius degree, allergies or injuries you may have when making your spa reservation.

## **CANCELLATION POLICY**

If you must cancel your appointment, please do notify us at least 12 hours in advance to avoid being charged for your treatment. Cancellations made with less than 12 hours notice will be charged at full price.

# PRICING

## SIGNATURE PACKAGES

### **IRIDESCENT DELIGHT**

120 minutes/IDR 3,400

### **TROPICAL MARINE PLEASURE**

120 minutes/IDR 3,400

### **SEA COCONUT SECRET**

120 minutes/IDR 3,400

### **INDIAN OCEAN RITUAL**

120 minutes/IDR 3,400

## BODY POLISH AND WRAP

### **SHIMMERING PEARL POLISH**

45 minutes/IDR 1,600

### **MINERALIZING SEAWEED SCRUB**

45 minutes/IDR 1,600

### **OCEAN HARVEST BODY THERAPY**

60 minutes/IDR 1,900

## MASSAGE

### **BALINESE OCEAN DREAM**

60 minutes OR 90 minutes/IDR 1,600/2,200

### **SHINE RENEWAL**

60 minutes OR 90 minutes/IDR 1,600/2,200

### **SEA OF SERENITY**

60 minutes OR 90 minutes/IDR 1,600/2,200

### **ISLAND SYMPHONY**

90 minutes/3,400

### **HOT STONES THERAPY**

90 minutes/IDR 2,700

## MARINE POWER

### **INDOCEANE**

60 minutes/IDR 1,680

### **MARINE ALGAE TRIO**

90 minutes/IDR 1,920

### **BODY CONTOUR with OXYGEN ACTIVE**

120 minutes/IDR 2,600

All prices are in '000 Indonesian Rupiah (IDR) and subject to 16,5% government tax and 10% service charge.



# PRICING

## THE RITZ-CARLTON SOAKING RITUALS

**LUSTER PEARL AROMATIC  
SOAKING RITUAL**  
30 minutes/IDR 600

**REFRESHING SEAWEED AND MINT  
AROMATIC SOAKING RITUAL**  
30 minutes/IDR 600

## FACIAL

**COLD MARINE**  
60 minutes/IDR 1,900

**REBALANCING**  
60 minutes/IDR 1,900

**YOUTHFUL EYES**  
90 minutes/IDR 2,500

## EXPRESS RELIEF

**BACK & NECK RELIEVER**  
30 minutes/IDR 950

**HAND & FOOT FLOW**  
45 minutes/IDR 1,100

**BASIC PURITY**  
45 minutes/IDR 1,100

## INDULGENCE PACKAGE

**ESCAPE TO ROMANCE**  
120 minutes/IDR 5,500

**OCEAN INDULGENCE**  
90 minutes/IDR 2,800

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**THE RITZ - CARLTON**

BALI

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