

SAILS

STARTERS

ISLAND WINGS 16 26

Choice of guava bbq, buffalo or jerk

CRISPY CAULIFLOWER (GF) (VG) 21

SWEET CHILI SAUCE

QUESADILLA (VG) 20

MONTEREY JACK & CHEDDAR CHEESE, SCALLIONS, ONIONS, PEPPERS

CHIPS & DIP (GF) 15

HOUSEMADE SALSA AND GUACAMOLE

LOCAL CONCH FRITTERS 22

CILANTRO LEMON AIOLI

BAM BAM SHRIMP 25

CRISPY JUMBO SHRIMP WITH ISLAND RUM BUFFALO SAUCE

SHRIMP COCKTAIL (GF) 24

THE WELLNESS KITCHEN

VEGGIE WRAP (GF) (VG) 21

HUMMUS, MIXED GREENS, ONIONS, PEPPERS, TOMATOES, AVOCADO

GARDEN BURGER (GF) (VG) 24

Choice of French Fries, Tropical Fruit or Mixed Greens Salad

8 OZ. BEYOND BURGER PATTY, LETTUCE, RAW ONIONS, SPICY AIOLI, BRIOCHE BUN

GREEK SALAD (GF) (VG) 20

MIXED GREENS, OLIVES, FETA CHEESE, CUCUMBERS, TOMATOES, CAPERS, RED ONIONS, LEMON & OLIVE OIL VINAIGRETTE

COBB SALAD (GF) 25

MIXED GREENS, AVOCADO, BACON, BLEU CHEESE, TOMATOES, CUCUMBER, EGG, CHOICE OF DRESSING

CLASSIC CAESAR SALAD 21

CRISP ROMAINE, SHAVED PARMESAN CHEESE, CAESAR DRESSING

POKE BOWL (VG) 19

WHITE RICE, AVOCADO, EDAMAME, CUCUMBER, PINEAPPLE, RED PEPPER

TOFU (VG) 22 CHICKEN

SALMON 31 AHI TUNA* 29

SHRIMP 31 *CONTAINS SESAME AND SOY

SAILS SIGNATURES

CHOICE OF FRENCH FRIES, TROPICAL FRUIT OR MIXED GREENS SALAD

CHICKEN SANDWICH 28

GRILLED CHICKEN, PEPPER JACK CHEESE, BACON, CAJUN MAYO, LETTUCE, TOMATO, RAW ONION, CIABATTA BREAD

CHICKEN TENDERS 21

CHICKEN WRAP 26

GRILLED CHICKEN, CAJUN MAYO, CRISP ROMAINE, TOMATO, ONION, FLOUR WRAP

CHICKEN CAESAR WRAP 22

GRILLED CHICKEN, CRISP ROMAINE, SHAVED PARMESAN CHEESE, FLOUR WRAP

ANGUS BURGER 28

8 OZ. BLACK ANGUS BEEF, BACON, CHEDDAR CHEESE, RAW ONIONS, LETTUCE, TOMATO, GARLIC AIOLI, PICKLES, BRIOCHE BUN

16 OZ DOUBLE BURGER 35

SEAFOOD SELECTIONS

CEVICHE (GF) 22

SNAPPER, PINEAPPLE, CILANTRO, CUCUMBER, ROASTED RED PEPPERS, JALAPENO, TOMATO, FRESH LEMON JUICE

ISLAND SNAPPER WRAP 28

SAUTEED SNAPPER, PLANTAINS, CAJUN MAYO, TOMATO, LETTUCE, RAW ONION

Choice of French Fries, Tropical Fruit or Mixed Greens Salad

CATCH OF THE DAY FISH TACOS 26

PINEAPPLE SALSA, CHIPOTLE AIOLI, PICKLED ONIONS

SHRIMP TACOS 39

MAHI MAHI A LA PLANCHA (GF) 41

SAUTEED MAHI MAHI, CREOLE SAUCE, RICE, RED BEANS, FRIED PLANTAINS

SWEET ENDINGS

KEY LIME TART 13

WHIPPED CREAM, MANGO CHUTNEY, BERRIES

RED VELVET CAKE 15

CREAM CHEESE FILLING

SEASONAL FRUIT BOWL 15

ADDITIONS: GRILLED JERK CHICKEN 13, TOFU 9, GRILLED SALMON 17, GRILLED SHRIMP 18, TUNA 15, SNAPPER 15, MAHI MAHI 15, STEAK 19
DRESSINGS: RANCH, BALSAMIC, LEMON VINAIGRETTE, BLUE CHEESE, HONEY MUSTARD

GF = GLUTEN FREE, VG = VEGETARIAN

A 20% gratuity charge will be added to parties of 7 or more

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness

LIBATIONS

TROPICAL ORIGINALS 18

FROZEN WILDBERRY LEMONADE

ABSOLUT CITRON VODKA, LEMONADE, WILD BERRY SWIRL

TROPICAL FROZEN DELIGHT

CRUZAN PINEAPPLE RUM, BANANA, MANGO, GUAVA

FROZEN ITALIAN ICE

SMIRNOFF VODKA, PEACH SCHNAPPS, LEMONADE, PEACH, PINEAPPLE

HURRICANE

BULLEIT BOURDON, SOUTHERN COMFORT, AMARETTO, ORANGE, PINEAPPLE, CRANBERRY

CARIBBEAN BREEZE

MALIBU RUM, SMIRNOFF VODKA, ORANGE, PINEAPPLE, MIDOIR FLOAT

FROZEN BAILEY'S BANANA COLADA

BAILEY'S IRISH CREAM, CRUZAN HURRICANE RUM, COCONUT CRÈME, BANANA

MAI TAI

BACARDI LIGHT AND DARK RUM, AMARETTO, TRIPLE SEC, ORANGE, PINEAPPLE, CRANBERRY, MYER'S RUM FLOAT

LIME IN DE COCONUT

DARK CRUZAN RUM, COCONUT CRÈME, FRESH LIME, COCONUT RUM, SOUR MIX

LOCAL SPECIALTIES 16

CARIBBEAN RUM PUNCH

CRUZAN GOLD RUM, LOCAL FRUIT JUICES

COCONUT BELLINI

CRUZAN COCONUT RUM, PEACH SCHNAPPS, AMARETTO, COCONUT CREAM, PROSECCO

FROZEN MANGO TANGO

BACARDI RUM, MANGO, RASPBERRY SWIRL, MYER'S FLOAT

GREAT BAY PUNCH

DARK CRUZAN RUM, CRUZAN PINEAPPLE RUM, PASSION FRUIT, MANGO, GUAVA, ORANGE

CRUZAN CONFUSIAN

CRUZAN MANGO RUM, GUAVA RUM, PINEAPPLE RUM, BANANA RUM, COCONUT RUM, CRUZAN HURRICANE, MANGO, PINEAPPLE JUICE, ORANGE JUICE, PASSION FRUIT, GRENADINE

FROZEN BUSHWACKER

AMARETTO, KAHLUA, IRISH CREAM, SMIRNOFF VODKA, BACARDI LIGHT RUM, FRANGELICO, COCONUT CRÈME, NUTMEG

PAINKILLER

PUSSER'S RUM, ORANGE, PINEAPPLE, COCONUT CRÈME, NUTMEG

SIGNATURE LOADED BLOODY MARY 18

TITO'S VODKA, HOUSE BLOODY MIX, HORSERADISH, CELERY, BACON, SHRIMP, BLEU CHEESE STUFFED OLIVES, PEPPERONCINI, LEMON, LIME, SAILS SECRET RIM

WINE

SPARKLING

MIONETTO PROSECCO, VENETO, IT	16	56
CHANDON BRUT, CA	20	78
VEUVE CLICQUOT "YELLOW LABEL," FR	35	150
MOET & CHANDON, "ICE IMPERIAL," FR	30	128

ROSE

FLEURS DE PRAIRIE ROSE, COTE DE PROVENCE, FR	16	68
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WHITE

PIGHIN, PINOT GRIGIO, FRIULI, IT	15	62
KIM CRAWFORD, SAUVIGNON BLANC, NZ	16	68
ROMBAUER, SAUVIGNON BLANC, CA	28	96
STEVEN KENT, CHARDONNAY, CA	14	52
ROBERT MONDAVI, CHARDONNAY, CA	16	58
SONOMA CUTRER, CHARDONNAY, CA	22	82
CHARLES SMITH, KUNG FU GIRL, RIESLING, WA	15	54

RED

SOKOL BLOSSER EVOLUTION, PINOT NOIR, OR	16	70
MEOMI, PINOT NOIR, CA	24	96
CHATEAU ST. MICHELLE, MERLOT, WA	16	68
STEVEN KENT, CABERNET SAUVIGNON, CA	14	56
TERRAZAS, MALBEC RESERVE, AR	16	62

BEER

LOCAL CARIBBEAN CRAFT 9

TROPICAL MANGO PALE ALE, ISLAND SUMMER ALE, ISLAND HOPPIN IPA, CARIB, REEF LIFE IPA, ISLAND LIFE LAGER, BUSH LIFE, BEACH LIFE

PREMIUM 8

CORONA, HEINEKEN, RED STRIPE

DOMESTIC 6

BUD LIGHT, MILLER LITE, COORS LIGHT, MICH ULTRA

BEER BUCKETS

Selection of 5 beers

DOMESTIC	30	PREMIUM	36
CARIBBEAN	40	SELTZER	35

ZERO PROOF REFRESHERS

LEMON, MANGO, STRAWBERRY, PINA COLADA 10