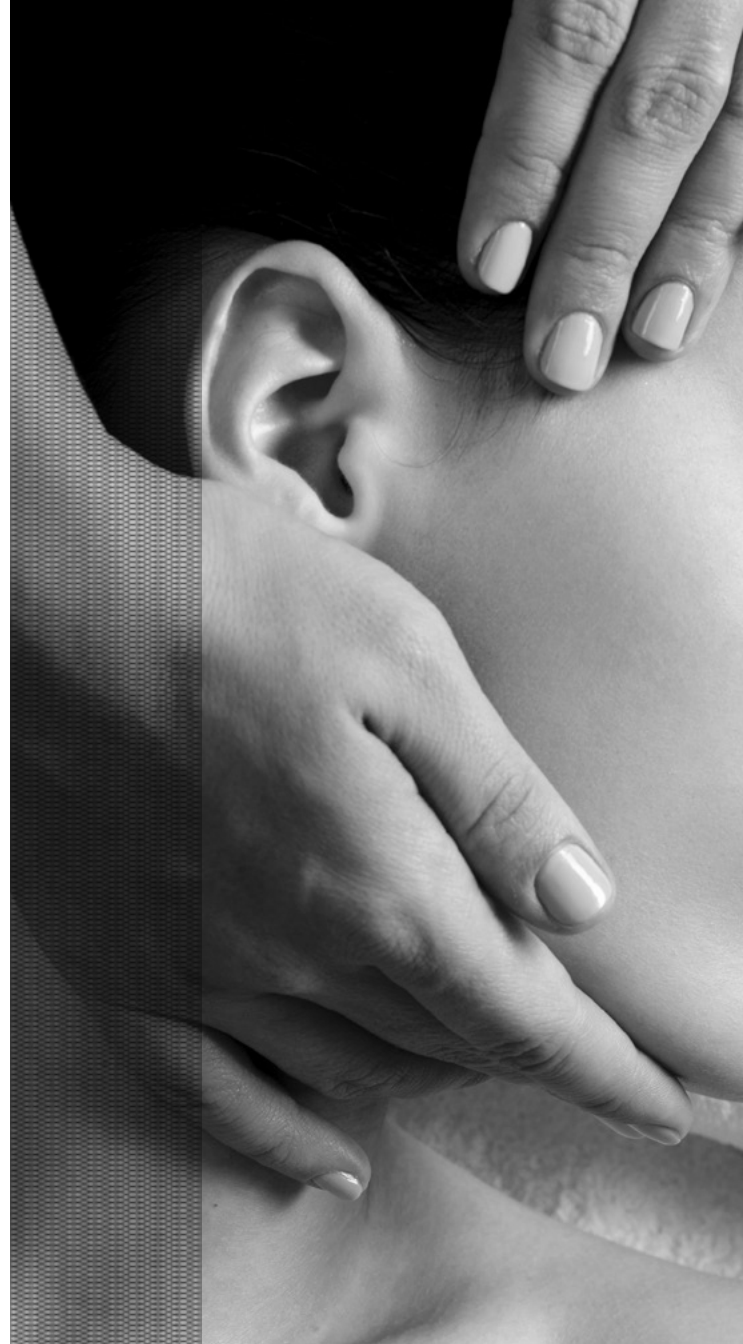


*Let us make the world
revolve around you.*

ESCAPE

Discover a gentle place at The Ritz-Carlton Spa, St. Thomas, set among a backdrop of the turquoise waters of the Caribbean. With one of the most diverse selections of therapies and spa treatments in the Virgin Islands, our seaside enclave offers ocean-inspired relaxation and island indulgences. Let us calm your senses and rejuvenate your body in an authentic tropical island sanctuary.



WELLNESS

Resilience is what gives us the emotional and physical strength to cope with the inner and outer stresses and strains of everyday life. At The Ritz-Carlton Spa, St. Thomas we have curated wellness rituals that utilize mindfulness, holistic, and well-being techniques to forge connection, reinforce stability and resistance for mind, body and skin.

MIND

THE ART OF WELLNESS MASSAGE

80 MINUTES

Bring healing and wellness to the mind, body & soul with this unique transformative treatment that creates a state of pure bliss. Guided breathing and visualization together with a deeply therapeutic Salt Stone and Rose Quartz Crystal massage releases physical tension and relaxes the mind to embrace the art of letting go.

BODY

WELLBEING & RESILIENCE MASSAGE

80 MINUTES

Moving your mind and body to a place of greater strength and resilience, this treatment releases muscular tension, revitalizes wellbeing, boosts energy levels and supports your immune system with a liberating blend of yogic stretching, sinus release, reflexology and deep back and scalp massage.

SKIN

NATURAL RESILIENCE FACIAL

80 MINUTES

This specialized facial is the complete approach to skin health using cutting edge pre and probiotic technology combined with the same benefits of physical exercise to detoxify, invigorate, sculpt and relax. Powerful age defying techniques inspired by Japanese Kobido massage, along with cool and smooth Jade rollers that facilitate lymphatic drainage and provide results, leaving the skin firm, lifted and beautifully radiant.





Soak in the scent of the tropics with an array of treatments inspired by the healing properties of the ocean. The Spa utilizes a wealth of locally-sourced ingredients, designed to nourish the skin and feed the soul. Using the island's naturally soothing elements, guests experience our paradise, with treatments that rejuvenate and renew in only the way, an escape to the islands can.



THE RITZ · CARLTON SPA

EXPERIENCE

EXPERIENCE

ISLAND INDULGENCE MASSAGE

80 MINUTES

As you embark on your sensory island journey and indulge in a variety of massage techniques inspired by tropical scented oils and hydrating tropical enhanced sugar scrubs, discover a unique experience sure to relieve stress, induce relaxation and leave you feeling rejuvenated.

INCLUDES Full body tropical-inspired aromatic massage, exfoliation and mask to the feet, warm coconut oil hair and scalp treatment

SEASIDE ESCAPE

50 MINUTES OR 80 MINUTES

Experience a full body massage while you indulge in the tranquility of the waves and gentle breezes allowing you to relax and unwind at the water's edge **Use Suite instead of cabana

Can also be shared with someone special as a couples massage.

ISLAND BODY SCRUB

50 MINUTES

Reveal a beach-ready glow with this island-inspired exfoliation, utilizing warm coconut milk and tropical sugars to nourish and smooth skin. A light aromatic lotion locks in moisture, revealing a brighter and more youthful looking you.

INCLUDES Full body exfoliation, application of tropical lotion.

ISLAND OASIS FACIAL (ORGANIC)

80 MINUTES

Scents of the tropics and customized techniques help increase circulation and reduce fine lines while renewing the skin. Resulting in a radiant, firm and glowing complexion.

INCLUDES: Skin analysis, brush cleanse, exfoliation, mask, extractions, hydrating massage, warm oil scalp massage.

PERFORMED WITH EMINENCE PRODUCTS

ST. THOMAS

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MASSAGE

COUPLES MASSAGE

50 MINUTES OR 80 MINUTES

Enjoy a massage treatment and share the experience of well-being and relaxation with a friend or someone special in our side-by-side treatment room.

CHOOSE FROM Deep Muscle, Stress Relief, Relaxation, Naturally Nurtured.

DEEP MUSCLE MASSAGE

50 MINUTES OR 80 MINUTES

Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress. Deep movements and stretching techniques concentrate on specific areas of concern and alleviate common discomforts and sports-related tension.

STRESS RELIEF MASSAGE

50 MINUTES OR 80 MINUTES

Revive tired and fatigued muscles with this traditional massage using moderate to firm pressure to leave a feeling of revitalization and relaxation.

RELAXATION MASSAGE

50 MINUTES OR 80 MINUTES

Unwind and de-stress with this aromatic bespoke treatment. This soothing aromatherapy massage uses light to moderate pressure and a blend of essential oils to melt away tension.

HOT STONE MASSAGE

75 MINUTES

A therapeutic and rejuvenating massage using himalayan salt stone and a moderate-to-deep pressure to intensely soothe tired, aching muscles and aid relaxation.

NATURALLY NURTURED MASSAGE

50 MINUTES OR 80 MINUTES

Nurture and nourish body and skin when you need it most with this gentle, restorative and entirely tailored massage. Ideal for expectant mothers after the first trimester or those recuperating from treatment.



BODY

BODY BALANCER

50 MINUTES

Restore serenity to body, mind and skin with this richly indulgent and deeply reviving back, neck and scalp treatment.

INCLUDES Back exfoliation, back massage, application of facial oil, scalp massage.

NOURISHED GLOW

50 MINUTES

Reveal your smoothest, softest skin ever with this body exfoliation finishing with a deeply nourishing oil application and personalized back massage.

INCLUDES Full body exfoliation, back massage, oil application.

SEAWEED WRAP

60 MINUTES

Detoxify and re-mineralize the body, increase cellular metabolism and help tighten and firm skin with this effective full body seaweed wrap.

INCLUDES Full body application of seaweed, insulated wrap, warm oil hair and scalp treatment

DILO APRES SUN WRAP

50 MINUTES

Soothe, calm and repair sensitive and environmentally exposed skin with exotic dilo nut oil containing nourishing vitamins A, B, C and E combined with aloe vera and essential oils to nourish skin leaving it cool, hydrated and refreshed.

INCLUDES Full body application of dilo enriched lotion, body wrap, scalp massage.



FACIAL

CUSTOM FACIAL

50 MINUTES OR 80 MINUTES

Purify, hydrate, brighten and smooth your complexion with this radiance-restoring facial that is tailored to your individual needs.

INCLUDES Deep brush cleanse, skin analysis, facial exfoliation, massage, mask, scalp massage

PERFORMED WITH ESPA PRODUCTS

AGE DEFYING FACIAL

50 MINUTES OR 80 MINUTES

Instantly combat the most visible signs of skin aging, smoothing fine lines and reviving youthful radiance to your complexion.

INCLUDES Deep Brush Cleanse, Skin Analysis, Facial Exfoliation, Specialized Toning Facial Massage, Mask, Scalp Massage

PERFORMED WITH ESPA PRODUCTS

ULTIMATE RADIANCE & RENEWAL FACIAL

80 MINUTES

Restore skin's vitality and reveal a bright, smooth and radiantly youthful-looking complexion. The must-have treatment for immediate results prior to a special event.

INCLUDES Brush cleanse, skin radiance mask, age-defying crystal massage, lifting mask, scalp massage

PERFORMED WITH ESPA PRODUCTS

THE PLATINUM HYDRAFACIAL

80 MINUTES

The Platinum HydraFacial experience begin the detoxification process with Lymphatic Drainage. Then, the Signature HydraFacial deeply cleanses, exfoliates, extracts and hydrates the skin while addressing your specific skin concern with a Booster of your choice. This treatment concludes with LED Light Therapy to further reduce the visible signs of aging.

THE DELUXE HYDRAFACIAL

50 MINUTES

A refreshing treatment which includes all the essentials of the Signature Hydrafacial while also addressing specific skin concerns using Hydrafacial targeted boosters to yield visible results. This is coupled with professional strength therapeutic light energy to treat skin from within.

VITAMIN C FACIAL

50 MINUTES

Essential for healthy skin, vitamin C hydrates the skin while increasing collagen production, reducing inflammation and creating an overall brighter complexion.

INCLUDES Skin analysis, brush cleanse, exfoliation, mask, scalp massage

PERFORMED WITH EMINENCE PRODUCTS



THE RITZ-CARLTON SPA

ST. THOMAS



MEN

THE MEN'S MASSAGE 80 MINUTES

The ultimate male escape. Unwind in style with this rebalancing and intensely relaxing treatment that includes a full body massage using heated stones, facial massage and a soothing scalp massage.

DEEP MUSCLE MASSAGE 50 MINUTES OR 80 MINUTES

Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress. Using deep movements and stretching techniques concentrated on specific areas of concern to help relieve common discomforts and sports related tension.

RELAXATION MASSAGE 50 MINUTES OR 80 MINUTES

Unwind and de-stress with this aromatic bespoke treatment. This soothing aromatherapy massage uses light to moderate pressure and a blend of essential oils to melt away tension.

STRESS RELIEF MASSAGE 50 MINUTES OR 80 MINUTES

Revive tired and fatigued muscles with this traditional massage using moderate to firm pressure to leave a feeling of revitalization and relaxation.

POWER HOUR 50 MINUTES

Intensely invigorating, this clarifying and smoothing treatment powerfully reawakens your body and mind, leaving you ready for anything.
INCLUDES Full body exfoliation, back massage, oil application
PERFORMED WITH ESPA PRODUCTS

THE MEN'S FACIAL 50 MINUTES

Deeply cleanse, hydrate and smooth skin, leaving your complexion instantly energized.
INCLUDES Double Cleanse, Facial Exfoliation, Steam & Extraction, Facial Massage, Mask, Scalp Massage
PERFORMED WITH ESPA PRODUCTS

BEAUTY

ISLAND MANICURE

40 MINUTES

Essential maintenance for hands.

INCLUDES Soak, cut and file, cuticle work, application of hand cream, polish or buff

ISLAND PEDICURE

50 MINUTES

Maintain amazing results and keep nails in good condition with this conditioning treatment.

INCLUDES Soak, Nail File & Shape, Exfoliate, Cuticle Work, Application of Body Cream, Polish or Buff

ULTIMATE MANICURE

50 MINUTES

Embark on an elevated Manicure experience that transcends the ordinary, immersing yourself in the captivating realm of Modern Alchemy. This profoundly sensorial collection of restorative rituals reestablishes harmony between skin, body, and mind—a true luxury to cherish in our fast-paced modern world. Before we commence, set your intention, and allow yourself to be transported into a realm of indulgence where every moment is tailored to revive your senses and nourish your being.

INCLUDES Soak, cut and file, exfoliation, cuticle work, massage with stones, personalized mask, polish or buff.

ULTIMATE PEDICURE

75 MINUTES

Embark on an elevated Pedicure experience that transcends the ordinary, immersing yourself in the captivating world of Modern Alchemy. This thoughtfully curated collection of deeply sensorial restorative rituals is designed to harmonize the delicate balance between your skin, body, and mind—a true luxury to be cherished in today's fast-paced modern world. Before we commence, take a moment to set your intention, allowing yourself to be embraced by a realm of indulgence, where each step is crafted to revive your senses and nurture your entire being.

INCLUDES Includes Soak, Cut And File, Exfoliation, Cuticle Work, Massage With Stones, Personalized Mask, Polish Or Buff.



THE RITZ-CARLTON SPA

ST. THOMAS

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Upgrade your treatments by choosing one or more of our carefully created service enhancements. Enhancements are available as incorporated additions to facial, body and massage services without adding additional time to the treatment. All enhancements must be booked and received with a treatment.



ENHANCEMENTS

EYE COLLAGEN MASK

Customized eye mask that diminishes the appearance of dark circles and fine lines around the eyes.

FACE COLLAGEN MASK

Customized face mask that improves skin texture and leaves a rejuvenated, youthful look.

HOT STONE MELTER

Smooth basalt stones radiate heat deep inside the muscles to relieve tension and stress during any massage treatment.

HAND OR FOOT REVIVER

Reveal smoother skin with this exfoliating and nourishing treatment that will leave hands or feet smooth, soft and bright.

JADE ROLLER FACIAL TONING

Sculpt facial muscles and increase circulation by incorporating these ancient Chinese tools into your facial. Take home the tool as a gift from us to continue the regimen at home for more visible and long-lasting results.

MOROCCAN OIL SCALP TREATMENT

Using the strengthening properties of Moroccan Oil with a deeply relaxing scalp massage to reduce tension, condition the scalp and leave you with beautifully healthy hair.

SCALP & HAIR CONDITIONING MASSAGE

Using the strengthening properties of Vitamin C- rich Watercress and red clay OR organic Coconut oil with a deeply relaxing scalp massage to reduce tension, condition the scalp and leave you with beautiful healthy hair.

STIMULATING BODY BRUSH

Improve tone and boost cell renewal for smoother, softer, more radiant skin. Includes the brush as a take-home gift.

SMOOTH & FIRM BODY BUTTER

Combine the sublime benefits of a lifting and smoothing body butter with your body massage oil for rich melting hydration to refine skin texture, soften and restore suppleness.

DEEP MUSCLE LINIMENT

For maximum relief, add muscle liniment for deeper muscle penetration to further alleviate tension, restore balance and eliminate stress.

GUIDELINES

To enjoy your spa experience to the fullest potential, please familiarize yourself with the Spa Guidelines.

AT TIME OF RESERVATION

Please inform the Reservation Agent of the following:

- + Allergies or medical conditions including pregnancy
- + If you have a gender preference for your Service Provider
- + If you have a request for a specific Service Provider
- + If you are celebrating any special occasions

You must provide a valid credit card number with expiration date at time of booking.

Spa facilities are complementary to resort guests.

ARRIVAL TIME

Please arrive at least 30 minutes prior to your scheduled treatment. This will allow time to enjoy the lounge and steam rooms. Arriving late will limit the time for your treatment, thus decreasing its effectiveness and your enjoyment. Your will end on time, so the next guest is not delayed. The full value of your treatment will be charged.

WHILE VISITING THE SPA

PERSONAL BELONGINGS/VALUABLES

We cannot be responsible for any personal items and/or valuables brought into the spa or left in your locker. Please leave your valuables at home or in your room safe.

USE OF ELECTRONIC DEVICES

To protect the privacy of our guests and to preserve the guest experience, use of cell phones, electronic devices and cameras are prohibited in the spa. Cell phones and electronic devices must be turned off.

AGE REQUIREMENTS

You must be 18 years of age or older to enjoy the spa relaxation and locker areas. Massages and facials cannot be performed on anyone under the age of 18 years. Salon treatments are available for children 5 years of age or older. This includes hair and nail services only. Parent must be present for the entire service and a locker will not be provided.

TREATMENT RECOMMENDATIONS

Shaving is not recommended prior to body treatments or hair removal services. Shaving is recommended, but not necessary for men prior to a facial. Your spa experience is your time, and you should delight in it to the fullest. If you experience discomfort due to room temperature, massage pressure, music volume or any other conditions, please notify your therapist immediately.

FOOD AND BEVERAGE

Guests are prohibited from bringing any outside food or alcohol into the spa. A guest appearing intoxicated will be denied access to the spa.

METHOD OF PAYMENT

We accept all major credit cards. You may also charge services to your resort bill.

SERVICE CHARGE

For your convenience, a 25% service charge will be added to each spa service. This includes gratuities disbursed to the spa staff members who serve you during your visit. Additional gratuities may be offered at your discretion. Prices and services are subject to change.

CANCELLATION POLICY

If you must reschedule or cancel your appointment, please notify the spa at least six (6) hours in advance of your appointment to avoid being charged the full service fee. Any appointments rescheduled within the six (6) hour window will incur a move fee of \$25. Cancellations of packages or private parties require one week's notice.

HOURS OF OPERATION

Spa Treatments: 10:00 AM – 6:00 PM, daily
Spa Facilities: 10:00 AM – 6:00 PM, daily
Enter Fitness Center with room key before or after spa hours.