Let us make the world revolve around you.

# ESCAPE

The Ritz-Carlton Spa, Coconut Grove, Miami provides an intimate retreat of wellness, relaxation, and rejuvenation. Immerse in our newly refreshed boutique spa and salon. Experience treatments boasting natural ingredients and inspiration from the historic and charming neighborhood of Coconut Grove, including the Hotel's exclusive Atala Butterfly Garden.



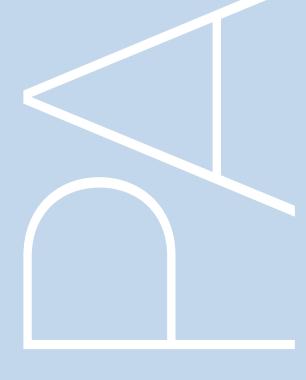
# THE RITZ-CARLTON

COCONUT GROVE, MIAMI

3300 SW 27TH AVE., MIAMI, FLORIDA 33133 305-644-4680 APPOINTMENTS 305-644-4684
RITZCARLTON.COM/COCONUTGROVE

SPA LICENSE #MM36507 SALON LICENSE #CE10008365









#### **WELLNESS**

Optimum wellness is supported by developing our ability to adapt well physically, mentally and spiritually to the challenges of everyday life. The Ritz-Carlton Meaningful Wellness Journeys nurture and encourage this adaptability by providing experiences and habits to build inherent resilience, strength and fortitude for Mind, Body and Skin.

#### MIND

#### THE ART OF WELLNESS MASSAGE

8ом / \$280

mind, body & soul with this unique transformative treatment that creates a state of pure bliss. Guided breathing and visualization together with a deeply therapeutic Salt Stone and Rose Quartz Crystal massage releases physical tension and relaxes the mind to embrace the art of letting go.

#### **CLEANSING BODY** SCULPT TREATMENT

100M / \$290

BODY

Combining a wellness boosting detoxifying algae wrap, cleansing exfoliation and sculpting body massage to help tone and firm skin. This treatment targets areas prone to cellulite and fluid retention, stimulates circulation and smooths skins texture. A course of treatments is recommended to maximize the effects.

#### SKIN

# NATURAL RESILIENCE FACIAL

100M \$290

This specialized facial is the complete approach to skin health using cutting edge pre and probiotic technology combined with the same benefits of physical exercise to detoxify, invigorate, sculpt and relax. Powerful age defying techniques inspired by Japanese Kobido massage, along with cool and smooth Jade rollers that facilitate lymphatic drainage and provide results, leaving the skin firm, lifted and beautifully radiant.

#### MASSAGE

#### DEEP MUSCLE MASSAGE

8ом | \$270

50M | \$195

Recharge your body with this powerful massage designed to alleviate deepseated tension and muscular stress. Deep movements and stretching techniques are concentrated on specific tailored massage. Ideal for expectant areas of concern to relieve common discomforts and sports-related tension.

#### **RELAXATION MASSAGE**

8ом | \$270

50M \$195

Unwind and de-stress with this aromatic bespoke treatment. This soothing aromatherapy massage uses light to moderate pressure and a blend of essential oils to melt away tension.

# HOT STONE MASSAGE

8ом / \$280

50M \$200

A therapeutic and rejuvenating massage using warm stones and a moderate to deep pressure to intensely soothe tired, aching muscles and aid relaxation.

## NATURALLY NURTURED MASSAGE

8ом / \$270

Nurture and nourish body and skin when you need it most with this gentle, restorative and entirely mothers after the first trimester.

# SOLE REVIVER

50M / \$195

element of Chinese tradition and therapy. Concentrating on the reflex zones of the feet this blissful treat alleviates aches while relaxing and restoring the body and mind.

Foot massage is an essential

INCLUDES Foot and leg exfoliation, reflex-zone massage

# BODY

#### **NOURISHED GLOW**

8ом / \$260

50M \$180

Reveal your smoothest, softest skin ever with this body exfoliation, finishing with a deeply nourishing oil application and personalized back massage.

INCLUDES Full body salt and oil exfoliation, back massage and oil application

#### BODY BALANCER

50M \$190

LUMINOUS GLOW FACIAL Restore serenity to body, mind and skin with this richly indulgent and deeply reviving back, neck and scalp treatment. this nutrient-rich treatment. Using

# FACIALS

#### CUSTOM FACIAL

8om / \$270

50M \$195

Purify, hydrate, brighten and smooth your complexion with this radiance-restoring facial that is tailored to your individual needs.

INCLUDES Deep brush cleanse, skin analysis, facial exfoliation, massage and mask, scalp massage

PERFORMED WITH ESPA PRODUCTS

décolleté, and scalp, leaving your

skin stronger, plumper, and radiant.

INCLUDES Skin analysis, cleanse & exfoliation,

enzymatic mask, scalp massage, LED Light

treatment with hand & arm massage, facial

PERFORMED WITH ESPA & LIGHT SALON

massage

PRODUCTS

80M / \$290 Refresh and rejuvenate your skin with

INCLUDES Back exfoliation, back massage, advanced LED technology, it brightens, application of facial oil and scalp massage smooths, and renews the face, neck,

## HYDRAFACIAL

8ом / \$325

50M / \$220

Revive skin with this rejuvenating HydraFacial™. Harnessing the benefits of rich antioxidants and hyaluronic acid. This treatment deeply purifies and protects the skin utilizing products and solutions filled with antioxidants,

Lymphatic drainage, LED therapy and booster

and other skin loving ingredients.

MANICURE INCLUDES Deep cleanse, exfoliation, vortex extractions; 80 minutes additionally includes

PEDICURE PERFORMED WITH ESPA PRODUCTS FROM \$60

# **ULITMATE MANICURE**

BEAUTY

FROM \$100

FROM \$95

FROM \$120

SHAMPOO & STYLE FROM \$65

LADIES' HAIRCUT

**GENTLEMEN'S HAIRCUT** 

MAKE-UP APPLICATION

**UP DO (CLEAN & DRY HAIR REQUIRED)** 

**ULITMATE PEDICURE** 

FROM \$75

FROM \$55

For any inquiries about our salon services, please call us at 305-644-4684. We offer a variety of services including color, highlights, keratin treatments and more.

#### **CANCELLATION POLICY**

If you must cancel or reschedule your appointment, please notify the Spa at least 24 hours in advance of your appointment to avoid being charged the full treatment fee.